



Hollydale Primary School PE Curriculum Statement

Intent

Hollydale Primary School recognises the value of Physical Education (P.E). We fully adhere to the aims of the national curriculum for physical education to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Implementation

P.E. is taught at Hollydale Primary School as an area of learning in its own right, as well as being integrated where possible with other curriculum areas. It is taught at a minimum of one two PE sessions a week, totalling 1 hour and 45 minutes.

The key knowledge and skills of each topic are mapped across each year group. This ensures that children develop their knowledge of games, dance and gymnastics and athletics progressively. The skills in these areas are also therefore developed systematically, with the programme of study for each year group building on previous learning and preparing for subsequent years. Knowledge and skills are informed and linked to enable achievement of key stage end points, as informed by the 2014 National Curriculum.

We work in partnership with the PE School Sports Network to deliver high quality teaching of Physical Education while offering wider sports and competition opportunities to our children. We offer a broad and balanced PE curriculum, using high-quality planning which caters for the needs of all learners. Children are assessed against the National Curriculum expectations for their Key Stage. We develop a strong foundation in the Early Years through regular PE sessions (focusing on crucial skills) as well as additional opportunities for the development of fine motor skills (for example regular sessions on bikes). Yoga is also taught regularly in the Early Years to encourage flexibility, balance and mindfulness. The children are encouraged to join our extracurricular clubs (such as football and multi-skills) and compete for the school in borough-wide competitions. In order to widen access to physical education and physical literacy for marginalised groups, we offer weekly Girls' football sessions for all girls in Key Stage 2 throughout the year. Whole-school events such as Sports Day, Sports Relief, Dance and Yoga workshops and Skip2bfit, raise the profile of PE and

school sport, encourage healthy competition and highlight the importance of being active. Swimming is taught across Key Stage 2.

We teach lessons so that children:

- develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
- engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
- apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- enjoy communicating, collaborating and competing with each other.
- develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Lessons are planned to utilise cross curricular links, as well as the context of the school (including school and local grounds and access to facilities and community role models, such as sports coaches, with specialist skills). The varied curriculum is designed to enable all children to enjoy physical activity and to experience success in sport.

An extensive extra-curricular provision also provides further challenge and access to a range of physical activity. All children have the opportunity to participate in PE at their own level of development, with teachers ensuring that lessons cater for individual needs. As well as securing and building on a range of skills, children develop knowledge of the basic rules of a range of games and activities. They experience positive competition and a string focus is placed on developing good sporting attitudes. Children learn in a safe environment and have a foundation for lifelong physical activity, leaving primary school as physically active.

Impact

The children complete each key stage with a high proficiency in each aspect of PE. Children are aware of the link between physical activity and good mental health and understand its significance as part of a healthy lifestyle. The school achieves well in a number of sporting activities and achieved a School Games Award at silver level in 2018-19 (and subsequent virtual and participation awards for 2019-20) in recognition of its PE provision and children's access to competitive sports, which the school has maintained.