



**Respect, Responsivity, Relationships Resilience**

## **PSHE with Citizenship Rationale**

### **Intent, Implementation and Impact Statements**

#### **Curriculum Intent**

Hollydale's PSHE and Citizenship scheme of work aims to equip children with essential skills for life; it intends to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. This scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

The aims of PSHE are to enable the children to:

- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues;
- Understand what makes for good relationships with others;
- Have respect for others;
- Be independent and responsible members of the school community;
- Be positive and active members of a democratic society;
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues;
- Develop good relationships with other members of the school and the wider community;
- Make the most of their ability.

#### **Curriculum Implementation**

At Hollydale, we follow the Jigsaw PSHE scheme of learning from years one to six. Children are taught weekly PSHE lessons from the Jigsaw scheme. Lessons include a range of teaching and learning styles with an emphasis on active learning by including the children in discussions, collaborative investigations and problem-solving activities.

There are six Puzzles in Jigsaw that are designed to progress in sequence from September to July:

Autumn 1: Being Me in My World

Autumn 2: Celebrating Difference (including anti-bullying)

Spring 1: Dreams and Goals

Spring 2: Healthy Me

Summer 1: Relationships

Summer 2: Changing Me (including Sex Education)

PSHE will be taught in a variety of ways, to reflect the age of the pupils and ensure a whole school approach to the subject:

- There will be a regular specific curriculum session, in order to develop themes and share ideas e.g. circle time. During these sessions, pupils regularly work with learning partners or in groups, facilitating respect, cooperation, fairness, sharing and negotiation. Through circle time, pupils are also encouraged to participate in discussion to resolve conflicts or set agreed classroom rules or behaviour.
- Much of the curriculum is delivered through oral and practical activities.
- Opportunities will be found within other curriculum areas e.g. links with drama and role-play, debate and discussion in literacy, working together in pairs or small groups, improving health in PE, environmental, health and drug issues in science and beliefs, values and practices in RE.
- We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or involvement in an activity to help other individuals or groups less fortunate than themselves.
- At playtimes and lunchtimes opportunities exist for playing co-operatively using play equipment.
- Throughout the PSHE curriculum, children will have opportunities to explore issues connected with living in a multi-cultural society.
- Our Celebration Assembly celebrates personal achievement and rewards thoughtful, caring behaviour.

Some of the time, we introduce PSHE through other subjects such as science and geography. As there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach some of the PSHE and citizenship curriculum through our religious education lessons.

We also develop PSHE and citizenship through activities and whole school events, for example Anti-Bullying Week, international evening, Sports Day etc.

### **Early Years Foundation Stage (EYFS)**

In the Early Years Foundation Stage, the Early Learning most relevant to

PSHE are taken from the following areas of learning:

- 1) Communication and Language
- 2) Personal, Social and Emotional Development
- 3) Physical Development
- 4) Understanding the World

**At Hollydale the pupils with EYFS learn about the following areas:**

- Where I live and belong
- Their feelings and goals.
- Talk about how I am growing and improving
- Understand basic hygiene
- Learn who keeps me safe and how
- Learn about things that are safe/unsafe
- Talk about friendship
- Learn who are special people and everyone is different
- Learn to express how you feel

- How to co-exist and be helpful
- What accidents are (safe/unsafe)
- Road safety
- Sleep hygiene
- Rules for games
- How to contribute to life of the classroom
- Transition to Year One

## **Impact**

Jigsaw's PSHE scheme of work provides schools with an effective curriculum for wellbeing. Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others.

They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part. Jigsaw's PSHE scheme of work supports the active development of a school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them.

Successful PSHE education can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. Evidence suggests that successful PSHE education also helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face. The Jigsaw Life PSHE and Citizenship scheme of work can be used as a whole-school approach to positively impact wellbeing, safeguarding and SMSC outcomes. This can ensure that all children are able to develop the knowledge, skills and attributes they need to succeed at school and in the wider world.