

Hollydale Primary School

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Thursday 8th June 2023

Relationships and Sex Education (RSHE)

Dear Parents/Carers,

I am writing to let you know that during the summer term, pupils will be taught Relationships Sex Health Education (RSHE). RSHE is taught across the school through the PSHE (Personal, Social and Health Education) and science curriculum. It is taught in a sensitive and age-appropriate manner and is an important part of our safeguarding curriculum. RSHE helps to support young people in developing self-confidence, their understanding of their world and prepares them for the physical and emotional changes they experience as they progress into adulthood.

This curriculum focuses on the factual elements as well as the moral, cultural and social aspects. Whilst parents and carers do have the right to withdraw their child from some parts of RSHE curriculum (not the science aspects) we believe to do so would be detrimental to their social and emotional wellbeing and development. However, if you feel strongly that your child should not partake in the PSHE side of the RSHE curriculum, please complete a withdrawal request form at the bottom of this letter. A copy of this will be placed in the pupil's educational record.

The following aspects of the science curriculum are not optional and all pupils will be expected to learn them:

In Key Stage 1, pupils will be introduced to the process of reproduction and growth in animals. They will be introduced to the concepts of reproduction and growth, but not how reproduction occurs.

Year 1 pupils will be taught to Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense

Year 2 pupils will be taught to notice that animals, including humans, have offspring which grow into adults, describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

Key Stage 2, pupils will be taught about different types of reproduction, including sexual and asexual reproduction in plants and sexual reproduction in animals. Pupils will draw a timeline to indicate stages in the growth and development of humans. They will learn about the changes experienced in puberty.

Year 5 pupils will be taught to describe the life process of reproduction in some plants and animals and describe the changes as humans develop to old age

Year 6 pupils will be taught to recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

Our RSHE sessions will cover the following:

Year 2 will be taught the following (RSHE) topics:

- Differences: Boys and Girls - To introduce the concept of male and female and gender stereotypes and to identify differences between males and females
- Differences: Male and Female - To explore some of the differences between males and females and to understand how this is part of the lifecycle
- Naming the Body Parts - To focus on sexual difference and name body parts



Year 3 will be taught the following (RSHE) topics:

- Differences: Male and Female - To explore the differences between males and females and to name the body parts
- Personal Space - To consider touch and to know that a person has the right to say what they like and dislike
- Family Differences - To explore different types of families and who to go to for help and support

Year 4 will be taught the following (RSHE) topics:

- Growing and Changing - To explore the human lifecycle
- Body Changes and Reproduction - To identify some basic facts about puberty, reproduction and pregnancy
- What is Puberty? To learn about the physical changes associated with puberty

Year 5 will be taught the following (RSHE) topics:

- Talking about Puberty - To explore the emotional and physical changes occurring in puberty
- Male and Female Changes - To understand male and female puberty changes in more detail and to understand that menstruation and wet dreams are a normal part of growing up
- Puberty and Hygiene - To explore the impact of puberty on the body and the importance of physical hygiene

Year 6 will be taught the following (RSHE) topics:

- Puberty and Reproduction - To consider puberty and reproduction
- Relationships and Reproduction - To consider reproduction in the context of relationships
- Conception and Pregnancy - To explore the process of conception and pregnancy
- HIV/AIDS Transmission - Understand how HIV can be transmitted

Please complete the slip here below by letting us know whether you give permission to your child to take part in RSHE lessons linked to the PSHE curriculum.

Please do not hesitate to contact us if you have any questions or which to discuss this further.

Yours sincerely,

Franca La Malfa
(Deputy Headteacher)

I _____ (name of parent/carer), _____ (child's name)

in _____ (class name).

Give Give not permission for my child to take part in RSE lessons.

Signed: _____ Date: _____