



Hollydale Primary School PE Curriculum Map 2025-2026

EYFS Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Multi-ability focus:	<u>Personal skills</u> I can keep trying when I'm tired	<u>Social skills</u> I can work and play with others	<u>Physical skills</u> I can perform different skills	<u>Cognitive skills</u> I can put more than one skill in order	<u>Creative skills</u> I can compare and develop what I've done before	<u>Health and fitness</u> I can practice safely while avoiding others
Curriculum area:	Gymnastics	Dance/Personal Challenges	Games (throwing towards a target)	Games kicking with feet	Athletics	Games (throwing and catching)
Additional opportunities for movement: weekly yoga, balance bikes weekly, whole school events, CP						



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KS1 Curriculum Map – Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Multi-ability focus:	<u>Personal skills</u> I can follow instructions & work on simple tasks by myself	<u>Social skills</u> I can help and play with other and take turns	<u>Cognitive skills</u> I can follow simple rules and name things I can do	<u>Creative skills</u> I can put more than one skill in order	<u>Physical skills</u> I can compare and develop what I've done before	<u>Health and fitness</u> I can practice safely while avoiding others
Curriculum area:	Multi-skills	Games (sending & receiving)	Gymnastics	Dance	Athletics	Games (net games using a racket)



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Curriculum Map – Years 2 and 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Multi-ability focus:	<u>Personal skills</u> I can begin to challenge myself and understand my level	<u>Social skills</u> I can show patience with others and share ideas	<u>Cognitive skills</u> I understand simple tactics of attacking and defending	<u>Creative skills</u> I can make up my own rules and versions of activities to suit a task	<u>Physical skills</u> I can perform for longer and repeat actions	<u>Health and fitness</u> I can describe how/why my body changes during exercise
Curriculum area:	Games - handball	Games (passing and dribbling using feet)	Gymnastics	Dance/Problem Solving	Athletics	Games net games



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LKS2 Curriculum Map – Year 4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Multi-ability focus:	<u>Personal skills</u> I can react positively when things are difficult	<u>Social skills</u> I can organise roles and guide others	<u>Cognitive skills</u> I can judge the performance of others and make good decisions consistently	<u>Creative skills</u> I can link actions and develop changes in tactics and identify rule changes	<u>Physical skills</u> I can perform a variety of movements and link actions	<u>Health and fitness</u> I can describe the basic fitness components and monitor my fitness
Curriculum area:	Games – endball/benchball	Games - football	Gymnastics	Dance and Problem Solving	Athletics	Games - batting and bowling



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UKS2 Curriculum Map – Years 5 and 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Multi-ability focus:	<u>Cognitive skills</u> I know how to develop my work and the performance of others and develop ways to outwit opponents	<u>Creative skills</u> I can respond imaginatively to different situations and adjust my tactics	<u>Social skills</u> I can give sensible feedback to improve the performance of myself and others	<u>Physical skills</u> I can combine a range of skills fluently and with accuracy	<u>Health and fitness</u> I can self-select and perform appropriate warm up activities and identify issues	<u>Personal skills</u> I can recognise my strengths and weaknesses and attempt new challenges
Curriculum area:	Games (passing and moving): Football	Games: Attack vs defence	Gymnastics	Dance and Problem Solving	Athletics	Games: Tennis or Tag Rugby